

Pensford Field Safety Briefing – for Work Days – July 2023

Hello and welcome

Thank you to all participants for volunteering to take part in our work days.

Pensford Field

We rely almost entirely on volunteers to maintain the site. The aim is to promote biodiversity so we try to do the least possible but do what is desirable to help our wildlife thrive. No pesticides are used. However, we have to keep the field safe for users so we keep the paths clear and we mow the central area. We tend the orchard by pruning, clearing under the canopy and we trim the hedges. We keep the driveway clear and keep it as an inviting entrance to the site with bulbs and plants attractive to bees and insects. We remove invasive species from the pond. We provide support to new plantings e.g. watering and removing brambles. Our management plan can be found on our [website](http://www.pensfordfield.co.uk): www.pensfordfield.co.uk

Health and Safety

Before we set off, there are some key health & safety points...

- The general hazards in the field are as described on the safety sign at the entrance – the pond, bees and hives, uneven ground and fox holes.
- Only carry out today's activity and tasks if you feel safe and well enough to do so.
- Please make sure you work within your own limits. Take breaks when you need to.
- Please be aware of where you are and those around you – e.g. when using tools or when stepping backwards.
- Tools are generally marked with fluorescent paint but please watch where and how you leave them in the field.
- All tools need to be used with care, particularly those with sharp blades.
- Please watch your step – especially if raining or uneven ground to limit the risk of slips trips and falls. Do not step into vegetation if you cannot see where your foot will land.
- Suitable clothing for the weather conditions of the day must be worn by all volunteers.
- In case of emergency please alert the work day leader immediately.
- We have a first aid box on site with us and any accident will be recorded in the accident book.

Outline of the tasks

- Provide an outline of the tasks you will be doing. Point out any specific risks

Any questions?